

way home from the seat of war. A terrible epidemic of yellow fever broke out among the garrison of eight hundred men, as many as twenty-five and thirty deaths occurring daily. All the Doctors and Sisters of Mercy were carried off by the pestilence, and for three weeks the heroic priest was alone in ministering to the sick. In consequence of his meritorious conduct the Abbé was recommended for the Legion of Honour, but his nomination was prevented by the events of 1870. While at Guadeloupe he also distinguished himself by building on the Ile des Saintes, assisted only by a few convicts, a chapel surmounted by a lighthouse, which enables vessels to pass through a dangerous, rocky channel in perfect safety. The Abbé, who has waited so long for the well-merited recognition of his services, has for ten years past occupied the post of chaplain to the National Lunatic Asylum at Charenton.

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FRAULEIN LEPPER recently read a paper on the curse of tea before a convention of lady abstainers at Melbourne. "In my opinion," she said, "next to alcohol, the greatest master of the human will and destroyer of vitality is tea. Tea belongs to the same class of drink as alcohol. Its constituents, like those of alcohol, act on the nervous system, but in a totally different way. Alcohol is a stimulant—tea a sedative. The former is capable of destroying life by producing excessive action; the other by preventing action. Theine is one of the important elements in tea, and there is no doubt that the action of theine on the system is principally through the agency of the nerves. If theine is given in sufficient doses to animals it kills them. It has been given to frogs, and half-a-grain killed a full-grown frog. The animal is at first paralysed, and after some time becomes convulsed and dies. The death in this case is very similar to that of hydrocyanic acid, hemlock, and other sedative poisons." During the address there was a good deal of laughter, and many of the ladies dissented from Fräulein Lepper's views. I feel sure had there been many Nurses present her audience would have been still more unappreciative.

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Two excellent works have recently been well launched at Skegness for the benefit of Nottinghamshire men and children. The Nottingham Sunday School Union has just opened a Seaside Home for Sunday scholars between the ages of five and fourteen. This Home, intended as a

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summer resort for sick children of the Sunday-schools, was formally opened by Miss Bayley, of Lenton Abbey, President of the Ladies' Extension Committee, in the presence of a large number of friends. The Home will accommodate twelve children, and the little patients are already showing their appreciation of this worthy effort on their behalf. The larger and more ambitious work set on foot by the generous donation of Col. Seely, of £10,000 towards the building fund of a Convalescent Hospital for men, is also to be carried on at Seathorn, near Skegness, and it was amid a universal feeling of the usefulness and the blessing thus being conferred upon many sufferers that Miss Seely, daughter of Col. Seely, opened the Homes the other day. The Nottingham Convalescent Homes now, therefore, can admit eighteen women at Castle Donnington, and fifteen men at Seathorn, Skegness.

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MISS LORD, the authoress of *Christian "Social Science Healing,"* has been giving a few lectures on Tuesday evenings at the house of Mrs. Sheldon Amos, in Upper Woburn Place. She deprecates the use of drugs and external remedies, saying that healing can be effected by the power of thought. Miss Lord teaches the old Quaker doctrine of silence, advising every one to sit still and meditate for at least twenty minutes each day. In many points her doctrine resembles that taught by Mrs. Eddy in America; while in others, such as re-incarnation, it has a close analogy with Mme. Blavatsky's theosophy. Miss Lord denies that any of the cures effected by her have been done through the agency of hypnotism.

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FOR sound common sense commend me to the views expressed by one "Penelope," who contributes largely to the provincial press. She writes: "I am perpetually being asked by women of every age to advise as to what they can do to make or to augment a small income, and to my oft-repeated question, "What *can* you do?" I seldom receive a satisfactory answer. This experience is confirmed by many ladies of my acquaintance, who would gladly help these or similar applicants for work, had they anything to offer for the money they want, or were they willing to give time and perhaps a little money themselves, for a thorough training in some one direction. I hear of plenty of girls who think they have good voices and can sing, "If only they could get a little teaching!" and others who

NOTICE.—Messrs. Baelz and Co. respectfully invite correspondence from the members of the Nursing profession, to whom they will be happy to forward full particulars of Messrs. Loeffund and Co.'s products, and quote special terms in such cases as may be found conducive to a thorough and practical test of these "excellent preparations." 14-20, St. Mary Axe, E.C.

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